

Commemorated on February 18

As we begin the Great Fast, the Church reminds us of Adam's expulsion from Paradise. God commanded Adam to fast (Gen. 2:16), but he did not obey. Because of their disobedience, Adam and Eve were cast out of Eden and lost the life of blessedness, knowledge of God, and communion with Him, for which they were created. Both they and their descendents became heirs of death and corruption.

Let us consider the benefits of fasting, the consequences of disobedience, and recall our fallen state. Today we are invited to cleanse ourselves of evil through fasting and obedience to God. Our fasting should not be a negative thing, a mere abstention from certain foods. It is an opportunity to free ourselves from the sinful desires and urges of our fallen nature, and to nourish our souls with prayer, repentance, to participate in church services, and partake of the life-giving Mysteries of Christ.

At Forgiveness Vespers we sing: "Let us begin the time of fasting in light, preparing ourselves for spiritual efforts. Let us purify our soul, let us purify our body. As we abstain from food, let us abstain from all passion and enjoy the virtues of the spirit...."

### UPCOMING EVENTS

Our Famous Blini Dinner - Today

### Holy Spirit Orthodox Church - Wantage, NJ

Archpriest Samuel Kedala, Rector

Joanne Patrick, Choir Director

#### Parish Council

Tim Kachur, Starosta (Sr. Warden)

Mark Benda, Jr. Warden

Michael Olsen, Treasurer

Co-Secretaries Doris Livanos/Susan Matthews

#### Council members

Ed Engelsman • Michael Chwan • Anna Seniw • Louis Matthews

[www.holyspiritorthodox.org](http://www.holyspiritorthodox.org)

## Holy Spirit Orthodox Church

102 Route 284

Wantage, New Jersey

February 18, 2007



Expulsion of Adam from Paradise

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**Sunday, February 18, 2007**

**Today** ..... Blini Dinner/Extravaganza  
**Monday** ..... 7:00 PM Great Canon of Saint Andrew  
**Tues.** ..... 6:00 PM Memorial Service (Satch)- 7:00 PM Great Canon of Saint Andrew  
**Wed.** ..... 7:00 PM Liturgy of the Presanctified Gifts  
**Thurs** ..... 7:00 PM Great Canon of Saint Andrew  
**Fri.** ..... 7:00 PM Liturgy of the Presanctified Gifts  
**Saturday** ..... 6:00 pm Vespers - Confessions  
**Sunday** ..... Church School 9:15 AM, Hours 9:40 am, Divine Liturgy 10 am-  
Sunday of Orthodoxy - Church School Procession of Icons  
4:00 Sunday of Orthodoxy Vespers - Metropolitan Herman Presiding  
Christ the Saviour Church - Paramus, NJ

**Today's commemorated feasts and saints... SUNDAY OF CHEESEFARE - Tone 4.**

**Expulsion of Adam from Paradise.** Martyr Conon of Isauria (1st c.). Finding of the Relics of Rt. Blv. Theodore, Prince of Smolensk and his children Ss. David and Constantine, Wonderworkers of Yaroslavl' (1463). Mart  
**Romans 13:11-14:4 Matthew 6:14-21**

## **BULLETIN**

Today is the last day for eating eggs, dairy products (chicken and meat are not permitted) fish, olive oil and wine are also not permitted except on certain days. Refrain from alcoholic beverages. You may look on your wall calendars to see when fasting regulations are eased.

Last week's Coffee Social was hosted by **Pighi Mardaloescu**. Blini Dinner is today. Please **sign-up downstairs** if you can help with hosting one.

Please pray for **Dan Taylor** as he is recovering at Westchester Medical Center, Valhalla NY.

Remember that you **must** participate in the sacrament of Holy Confession in this period of Great Lent. Father Samuel will be available before and after each service to hear your confession. Try to partake of this great sacrament early in the Great Fast so that you may more fully participate in the services with a cleansed mind and soul.

Our Food Certificate (card) chairperson **Loren Chwan** will be offering the Food Cards at this mornings Coffee Social. Buy your food cards today. **Great for Gifts.**

**A Basket in the Vestibule** downstairs is for collecting foodstuffs for the needy of the Sussex Borough and the surrounding areas. The sign attached to the basket describes the items needed. Please buy an extra can, box or food item listed so that the needy can be fed.

**Sunday School begins at 9:15 AM** every Sunday morning.

There is a **Car Removal Program** that has been offered to our parish. If anyone knows of someone who has an old car or junker that is sitting around and they would like to get rid of it, let us know. It will be towed away at no expense, our Church will receive \$100.00 and the owner will receive an tax deduction for the value of the vehicle (more money will be given to the Church if it has more value).

**Please Help and remember** to send in your **weekly donation or pledge** even when you have **not attended Church** on a Sunday. Our Church depends on your weekly contributions to pay our obligations. Thank you.

**PLEASE PURCHASE** gift cards for shopping at **ShopRite and A & P stores.** They are working out wonderfully. **Very convenient for shopping.** **No cash, no checks, just a little card.** They are great, and our church benefits by your using them.

**WE HAVE SHOP RITE AND A&P GIFT CARDS-STOCK UP ON GIFT CARDS FOR YOUR REGULAR SHOPPING & AS GIFTS TO OTHERS**

Please keep the following people in your prayers: Catherine Schwed, Thelma Macheska, Alyssa Karakos, Mary Kwak, Frank Higginbotham, Matushka Evelyn Kreta, Pat Nauditt, Chaplain Fr. Peter Daratsos, Stefan Szemetylo, Christopher infant Ella Jane, Richard Kruzelnick, Corinne Matthews, Dan Taylor and Lynne Goodwin.

## **SEVEN DAY VIGIL CANDLES**

By **Joanne Hosbach** for Health, Salvation and Happy Birthday of **Pighi Mardaloescu 2-9**  
By **the Chwan Family** for Health, Salvation and recovery of **Daniel Taylor**

**Seven day vigil candles** are available for the faithful to sponsor in memory of their departed, the sick, or for the general intentions (anniversaries, birthdays, weddings, baptisms, etc.). They will remain lit on the altar and table of oblation. The suggested donation is \$10.00 each and will burn for seven days. The intentions and those who offered them will be announced in the weekly bulletins. You may purchase your offering at the Parish Council office.

If you would like to have something published in the weekly bulletin, e-mail or bring typed copy to Father Samuel by Wednesday of the week prior to the Sunday you would like it published.

**We welcome our guests** who are worshipping with us today. Please join us downstairs for refreshments and fellowship. Please sign our guest book downstairs.